Newsletter

www.szusi.com

September 2018

PRESIDENT

Dr. C S Ratkal

PRESIDENT ELECT

Dr. NitinKekre

IMMEDIATE PAST PRESIDENT

Dr. Mallikarjuna C

HON. SECRETARY

Dr. Arun Chawla

COUNCIL MEMBERS

Dr. George P Abraham

Dr. Avudiappan

Dr. Kamela Sreedhar

Dr. Shivalingaiah

EX-OFFICIO MEMBERS STATE PRESIDENTS

Dr. S B Patil

Dr. Krishnamurthy H

Dr. Gurunatha Rao

Dr. C Ramaswamy

SECRETARY ELECT

Dr. Chengalvarayan

President's Message



The Road Ahead

Dear Members,

I wish everyone on the occasion of Gauri Ganesh festival and I thank you for giving me the opportunity to serve.

I congratulate Dr. Paulose Chally and his team for holding the ASU Conference, despite all the hurdles. Member participation was also commendable in the face of extreme circumstances.

Prof. H.S. Bhat Mid term Workshop is fast approaching and will be held in November at Kottayam and I trust we will be richly rewarded academically. I encourage all members and post graduates to attend the same. The event endeavors to give us an insight into GenitoUrinary Tuberculosis.

Urology is fast developing in its subspeciality. We witnessed the T S Jairam Workshop on Robotic Performance in Bangalore which is the road ahead in precision urological surgery.

ASU has scaled new heights with the efforts of the outgoing council under the able leadership of Dr. Maliikarjuna C. I thank them for making my journey smooth.

My special thanks to Dr. Krishnamurthy who is totally dedicated to the development of ASU and its various programs.

I trust members will participate in all the events especially the academic ones conducted by ASU and USI to take Urology forward in India.

Let us partner to serve the community at large.

I wish you all the best for the forthcoming year.

With warm regards

Dr. Chandrashekar S. Ratkal

President

Message from Hon. Secretary



I am pleased and honoured to release first Newsletter of our Association of Southern Urologists. Newsletter is an important media of information where members of can make themselves abreast with all the development happening under the aegis of ASU. This Newsletter will cover all the information for the coming events like CME & Workshops to be held under ASU or different constituents state of South zone. I have given a space for secretaries of state associations and council members to contribute about information regarding the different programs and activities. Newsletter will also feature "News from other corners" where members can have information about different CME, workshop or academic events that are going to happen in other Zones.

Newsletter will have extra space for Mediocolegal corner, Humor in Urology and some Urology snippets from Important journals. I request all the members who want to contribute to above mentioned topics to mail me. If there is any news of importance that needs space from any state regarding Honours, Awards, or appreciation of any of their member for their work, please mail to me.

I am thankful for giving me an opportunity to serve the member of ASU. I will welcome your comments, suggestions, criticism from you. Please write to me and I promise to include your suggestions.

I convey my sincere thanks and gratitude to the outgoing office bearers of ASU; Hon. Secretary Dr. Laxman Prabhu, Council members - Dr. Vinod KV, Dr. Suryapraksh, Dr. Dhanpal D, Dr. Prabhakar M, for their contribution to ASU. I am sure they keep guiding us in matters of ASU in future as well.

Yours in service of ASU

Arun Chawla

Hon. Secretary of ASU

ASU-PROF HS BHAT Midterm Workshop

Sunday, 18th November, 2018 | Kottayam

Venue - Golmedex hall, GMC, Kottayam

Time - 8.00 am to 4.30pm

Theme - UROGENITAL TUBERCULOSIS

Organizing Chairperson

Dr Suresh Bhat

Mobile - 98472 13867

Email - drsureshbhat@yahoo.com

REPORT OF

29[™] ANNUAL CONFERENCE OF **ASSOCIATION OF SOUTHERN UROLOGISTS**





Twenty ninth Annual meeting of Association of Southern Urologists was held on 10th, 11th & 12th of August at Vythiri Village Resorts, Wayanad, Kerala. Organisers claim of the conference, being an unforgettable experience, came true in more ways than one. Incessant and untimely rains almost inundated the hills of Wayanad and made the Ghat route little hazardous with threat of landslips. 'The war room' at Calicut ably manned by ASU President, Dr. Mallikarjuna C, with frequent inputs from Dr. Poulouse Chally, Org. Secretary & Dr. Hamza Thayyil, Org. Chairman, stationed at venue 3 days in advance, gave the clearance and then the caravan of delegates started moving up the Ghats. Once inside the resort venue it was all business as usual. Dr. Laxman Prabhu, Hon. Secretary ASU, made sure that all sessions went with very good attendance. About 400 delegates along with their families put up with small inadequacies of rain ruined, power failed property, compensated by more than friendly attitude of hotel staff.



The formal inauguration was done by Prof. Roy Chally, Past President USI. Workshops on complications of PCNL by Dr. Sabnis R, Laparoscopy by Dr. Mallikarjuna C, were well appreciated and were of top academic content. In a session on Legends, Prof. Venugopal & Prof. Roy Chally recounted their valued experience, which the august audience heard in rapt attention. Dr. Ramalingam delivered the Prof HS Bhat, Oration. Dr. Makarand Kochikar was the speaker for Dr P B Sivaraman Endowment Lecture. Dr. Keshavamurthy conducted Khivaraj symposium. Quiz-O Mania, a uniquely conducted Quiz, was moderated by Quizmaster Dr. H Krishnamoorthy.

There were entertaining cultural programmes, captivating music show with great bonhomie amongst the delegates. All were back home to hear that the flood of a century has struck Kerala. They witnessed a truly life time unforgettable conference a tribute to the sprit, adventure, camaraderie of Southern Urologists.





Award Winners of SZUSICON 2018



NAME OF THE AWARD	AWARDEE
Prof V Ravindranath Best Paper Prize	Dr Anant Kumar, New Delhi
Bangalore Urology Society Video Prize I	Dr Mallikarjun Reddy N, Nellore
Bangalore Urology Society Video Prize II	Dr Satish Kumar Reddy, Nellore
Best Poster I	Dr Abhilash Cheriyan, Vellore
Best Poster II	Dr Anil Kumar T, Vellore
Dr N Jeyasekahran Medal for Ideas and Innovations	Dr Satish Kumar R M , Madurai
Quiz-O Mania I Place	Dr Piyush Gupta, Kerala
	Dr Sony B Mehta, Kerala
	Dr Rakhul L R, Kerala
Quiz-O Mania II Place	Dr Sandeep Maheshwara Reddy Kallam, AP and Telagana
	Dr Konda Reddy, AP and Telagana
	Dr J Arjun Praksh, AP and Telagana
ASU-Pratheeksha Medal for Meritorious Post Graduate student	Dr Prarthan Joshi, Bangalore
ASU-NU TRUST Hospitals, Bengaluru Medal for Pediatric Urology Debate	Dr Prasanna Venkatesh, Bangalore
MIUC Fellowship	Dr V S Karthikeyan, Vellore

Winners of ASU Travelling Fellowship

Dr Saurabh Mittal	Dr Sony Bhaskar Mehta
St Johns Medical College,	Lourde's Kochi,
Bangalore, KARNATAKA	KERALA
Dr Anu Ramesh	Dr. Arjun Prakash Jagarlamudi
MMC, Chennai,	Andhra Pradesh
TN	and Telangana

MINUTES OF THE ANNUAL GENERAL BODY MEETING OF THE ASSOCIATION OF SOUTHERN UROLOGISTS

Date: 11th August 2018 | Venue: Hall A, Vythiri Village, Wyanad, Kerala | Time: 5:15 PM

President Dr. Mallikarjuna C appealed to the members to permit him to reschedule the AGM to 6 PM as many members were in transit owing to unexpected natural calamity at Vythiri due to incessant rains resulting in floods. The house unanimously agreed to this.

- 1. The President called the meeting to order as rescheduled.
- 2. Obituary-The Association had lost Dr Eshwar Goud one of its past presidents recently and a condolence resolution was moved by Dr Kammela Sridhar. Speaking about the departed member, Dr Sridhar described him as a friendly boss and a great organizer. The house rose and observed a minute's silence. The secretary was instructed to send a condolence message.
- 3. The President welcomed the members present in the house and thanked them for making it by braving inclement weather conditions and hardships of travel.
- 4. The Secretary later informed that as per statutory requirement, he had already circulated (20 August 2017) the minutes of the AGM held at Manipal last year within the stipulated period and submitted the same to the Registrar remitting appropriate fee. He also informed the house that the same had been re-circulated on Aug 6 2018 for recapitulation. There was no discussion on this item. Later the acceptance of this was proposed by Dr R Keshavamurthy and seconded by Dr K M Dineshan.
- 5. The Secretary's report circulated on 4th July 2018 was accepted unanimously by show of hands. The Secretary highlighted the important points in the report pertaining to membership, programs and efforts made to streamline pending issues at the registrar's office.
- 6. The treasurer presented the audited balance sheet for the financial year concluded (Circulated already 4th July 2018 after e-filing with ITO) and gave a bird's eye of various corpora and the likely interest that these would generate. He also touched upon the IT notice which was currently being answered and not resolved yet. Treasurer's report was passed unanimously, again by a show of hands.

- 7. The President expressed gratitude to three major donors-namely Prof P Venugopal for a generous contribution of Rs 2.0 Lakhs to enhance the ASU-Prof. Nalini Venugopal CPC corpus, Dr M G Pai for contributing Rs 10,000 and Rajagiri Hospital, Aluva for promising to contribute Rs 50,000, both to enhance Prof H S Bhat midterm workshop corpus. The house applauded in gratitude.
- 8. Three new budgetary proposals were placed before the house, viz. 1. Corpus to conduct Annual Quiz (named as Quiz-O-Mania) Rs 2,00,000; ASU-State Level PG Academic Fellowship Rs 6,00,000 and Research Fellowship for Rs 14,31,130. The Treasurer informed the house that the money allocated are in ASU's long term fixed deposits and it would be necessary to utilize the interest for these specified activities which is also required as a registered body enjoying the benefits of tax exemption under section 12 A of Income tax act 1961. Dr Poulose Chally was not for life time allocation of such funds. Drs Ganesh Gopalkrishanan and Nitin Kekre felt that the funds should be amalgamated. Dr Krishansamy Kannan was for the allocations under various heads as proposed. The house after a fairly lengthy debate felt that the proposals have merit and hence should be passed with a rider that these corpora should continue for a limited period of not less than 5 and not more than 7 years or till major donors to support them are found, whichever is earlier. The Research Fellowship corpus should be kept as ASU Research Fund Corpus, and the interest accrued could be utilized for conducting meetings on Research methodologies and any such academic matters relating to Research. The view of the house was formally proposed by Dr Nitin Kekre and seconded by Dr Krishansamy Kannan.

- 9. The treasurer announced that a limited allocation of Rs. 1 lakh had been made for Prof H S Bhat midterm workshop later in November this year, as requested by organisers and approved by EC.
- 10. The President announced that EC had shortlisted Dr Venkatesh Krishnamurthy to deliver the Prof H S Bhat Oration in 2019. This was accepted unanimously by the house (Acceptance proposed by Nitin Kekre, seconded Dr Ganesh Gopalkrishanan)
- 11. DR K V Vinod informed the house that President Elect Dr Madhu Agarwal had done the spot inspection of the venue for USICON 2020 and satisfied himself with the infrastructure available at the various venue options. He also informed the house that the USI Council is planning to bring down the registration amount and will be finalizing the tariff soon. All efforts are being made to make the USICON a grand success and the registration process will start in Bhubaneshwar conference.
- 12. The President announced that EC had shortlisted Dr Amilal Bhat, Bikaner, RJ to deliver the Prof P B Sivaraman in 2019. This was accepted unanimously by the house (Acceptance proposed by Nitin Kekre, seconded Dr Ganesh Gopalkrishanan)
- 13. The list of new members (73), including the status change (6) was read out. The house approved of the same. Dr K N Sanman observed that the waiting period for status change is long and hence the secretary should be empowered to regularize the membership from time to time. He was informed by the President that this requires an amendment.
- 14. There was no representative to brief the house about progress made by them with regard to Prof. H S Bhat midterm workshop in Kottayam in November 2018. Dr Krishnamoorthy informed the house that the organizers were on the job and had promised to put up a good academic program.
- 15. The proposal to hold the Prof. H S Bhat workshop in 2019 at Manipal was supported by Dr Nitin Kekre and seconded by Dr Bobby.

- 16. Dr Kuppurajan, organizing secretary of SZUSICON 2019 at Coimbatore gave a short video presentation of the venue (Le Meridian) and registration fees. The dates would be July 12-14, 2019. He was asked to inform the EC whether or not the host -Coimbatore Urology Club was duly registered under the appropriate act. He promised to revert at the earliest. Dr Devdas Madhavan would be the organizing chairman.
- 17. The Venue for SZUSICON 2020 would be Hyderabad and SOGUS AP and T will be the hosts. This was announced by Dr M Gopichand, Secretary of SOGUS AP and T.
- 18. Dr Arun Chawla presented the accounts of SZUSICON 2017 and informed the house that a sum of Rs. 1,33,000 had already been credited into the ASU account as donation. This received applause from the house and the accounts were passed by the show of hands.
- 19. The only amendment to 13.B.i, 13.D.i, 13 E.i pertaining to candidates' eligibility for the ASU post was read out by the secretary and was accepted without debate.
- 20. The Returning officer read out list of valid nominations for various ASU posts and declared them elected. The newly elected office bearers are as follows: Dr Nitin Kekre-President Elect; Dr G Chengalavarayan-Secretary Elect; Dr S Joseph Philipraj-Treasurer; Dr George P Abraham-Council Member, Kerala; Dr M Shivalingaiah-Council Member, Karnataka; Dr Kamela Shreedhar, AP and Telangana State and Dr Avudaiappan Ponnambalavanan, Tamil Nadu.
- 21. This was not discussed for want of representatives
- 22. There were no letters from full members of the Association for discussion
- 23. President sought out for any other matter for discussion from the floor. There was none.
- 24. The president thanked all members and closed the AGM.

ASU New members 2017-18

Name	Status
Arjun Prakash Jagarlamudi	Associate
Anant Kumar	Associate
Arun P R	Associate
Anuj Jain	Associate
Akshay Mahesh Kriplani	Associate
Anand K	Associate
Anuj Arora	Associate
Abhishek Mukesh Kumar Shah	Associate
Aquinas B	Associate
Akshey Batta	Associate
Akkinapalli Santhosh Kumar	Associate
V. Arul	Associate
Anurag Dubey	Associate
P Banu Teja Reddy	Associate
Chandra Shekhar Agrawal	Associate
Deepak Ragoori	Associate
Fahim Liyakat Husain Rajiwate	Associate
Gaurav Kalra	Associate
Girish H M	Associate
Himanshu Sharma	Associate
Hemnath U.A.	Associate
Jawahar B K	Associate
Jagadish Kaushik B	Associate
Leela Krishna Karri	Associate
Mayank Jain	Associate
G R Manjunath	Associate
Mohamed Noohu Bariz S A K	Associate
R Nandha Kumar	Associate
Niranjan raj P	Associate
Navaneeth Srinidhi R	Associate
Pramod Adiga	Associate
Pavan A.P	Associate
N Palani	Associate
Prashanth N	Associate
Prakash M	Associate
Prathik R	Associate
Praveen Sancheti	Associate
Pramod Jawaharlal Jethwani	Associate
Piyush Gupta	Associate

Name	Status
K Purna Chandra Reddy	Associate
Praveen Gopi	Associate
Rajeshwar R Hallikeri	Associate
Rony Jacob	Associate
RohithSethi	Associate
Raja Sekhar Guddeti	Associate
V Ravi	Associate
Rayeez Rasheed	Associate
Rahul Tej Pappala	Associate
Shiva Kumar Parre	Associate
Shriyansh Chahar	Associate
Shankar Gunadal	Associate
Shubendu Bhaduri	Associate
Sumanta Kumar Mishra	Associate
Sree Vishnu Siddarth R	Associate
Sadanala Madhuri Evangeline	Associate
Surya Kant Kumar	Associate
Shah Utsav Shailesh	Associate
Shah Darshil Sunilbhai	Associate
Shivendra Singh Tiwari	Associate
M. Sathyanarayanan	Associate
Shreedhar G K	Associate
Sriharsha Kurabalakota	Associate
Thaha Rashid P T	Associate
Thiyagarajan P	Associate
Tummala Sai Venkat Manoj	Associate
Tharun B K	Associate
Thimmaiah K A	Associate
Vijayakumar	Associate
Vedprakash S Mahajan	Associate
Vinay K	Associate
Varun Laddha	Associate
Shiva Kumar Parre	Associate
Mayank Jain	Associate
Navaneeth Srinidhi R	Associate
Jawahar B K	Associate
Rajeshwar R Hallikeri	Associate
Prakash M	Associate
G R Manjunath	Associate

Name	Status
P Banu Teja Reddy	Associate
Anant Kumar	Affiliate
Arjun Praksh Jagarlamudi	Associate
Shankar Gunadal	Associate
Shubendu Bhaduri	Associate
Shriyansh Chahar	Associate
Pavan A.P	Associate
Deepak Ragoori	Full (New)
N Palani	Associate
Fahim Liyakat Husain Rajiwate	Associate
Rony Jacob	Associate
Prashanth N	Associate
Arun P R	Associate
Thiyagarajan P	Associate
Girish H M	Associate
Anuj Jain	Associate
Sumanta Kumar Mishra	Associate
Sree Vishnu Siddarth R	Associate
Rohith Sethi	associate
Chandra Shekhar Agrawal	Affiliate
Gaurav Kalra	Associate
Anand K	Associate
Surya Kant Kumar	Associate
Vinay K	Associate
R Nandha Kumar	Associate
Sadanala Madhuri Evangeline	Associate
V Ravi	Associate
Shah Utsav Shailesh	Associate
Anuj Arora	Associate
Abhishek Mukesh Kumar Shah	Associate

Name	Status
Prathik R	Associate
Niranjan raj P	Associate
Abhishek Mukeshkumar Shah	Associate
Praveen Sancheti	Associate
Shreedhar G K	Associate
Akshey Batta	Associate
Thaha Rashid P T	Associate
Piyush Gupta	Associate
Rayeez Rasheed	Associate
K PurnaChandra Reddy	Full
Thimmaiah K A	Associate
Rahul Tej Pappala	Full
Akkinapalli Santhosh Kumar	Associate
Sriharsha Kurabalakota	Associate
Tummala Sai Venkat Manoj	Associate
Jagadish Kaushik B	Associate
Pramod Jawaharlal Jethwani	Associate
B Aquinas	Associate
Leela Krishna Karri	Associate
Shivendra Singh Tiwari	Associate
V. Arul	Associate
Himanshu Sharma	Associate
Tharun B K	Associate
Anurag Dubey	Associate
U.A. Hemnath	Associate
M. Sathyanarayanan	Associate
Sabnis Ravindra Balachandra	Affiliate
Praveen Gopi	Associate
Rakhul L R	Associate
Rama Krishnan R	Associate

APPLICANTS FOR STATUS CONVERSION TO FULL MEMBER

Name	ASU No
Dr Pramod K	P047
Dr Sivasankaran N	S137
Dr C Ponraj	P028

Name	ASU No
Dr Gnana Prakash Polumatla	G046
Dr Bobby John	B035
Dr. Aseem Kapadia	A076

Upcoming event conference details

UAKON 2018

23-25 November, 2018 Date

Venue Casino Convention Centre, Thrissur

Website http://www.uakonline.com

Organising Chairman Dr Darwin D Therattil

Dr Venu Chandran | 9447028792 **Organising Secretary**

Email uakon2018@gmail.com

SOGUS

10-11 November, 2018 Date

Venue B Baliah Kalyanamandapam, Near railway station, Ongole, Andhra Pradesh

Website sogus.org.in

President Dr. Gurunatha Rao | 9848156018 Secretary Dr M Gopichand | +91 8985325177

Email secretaryapsogus@gmail.com

KUACON

Date 2-4 November, 2018

Venue AJ Institute of Medical Sciences and Research, Mangaluru

Website http://www.kua.in/ Organising chairman Dr. Sunil P. Shenoy Organising secretary Dr. Prasanth Marla

Email kuacon2018@gmail.com

TAPASUCON

5-7 October, 2018 Date

Venue Hotel Kodai International, Kodaikanal

Website http://tapasucon2018.com/

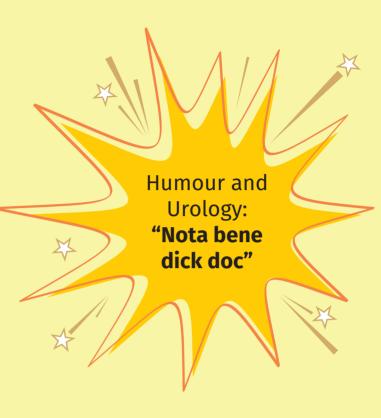
Organising Chairman Dr CPM Chandrasekar **Organising Secretary** Dr R Ravichandran

Email tapasucon2018@gmail.com

Humour and Urology

Urology is serious business. As John Trachtenberg, learned urologist and prostatectomist in Toronto, Canada, always said while operating when the situation called for immediate perspective: "Look down at the patient, he is the brave one here.....compared to him, we have it easy out here, always remember that." Nothing could be closer to the truth. We all deal with illness in a professional manner; in most instances, we do so in a humble, caring and respectable way. However, in many instances, the ability to release tension has been lost. People are too busy catching up and debriefing and there is a separation of work and life that is probably healthy, but perhaps at the cost of "taking work home" in more subtle, subconscious ways.

To deal with this, we use humour. It has always been a part of medicine, particularly in surgery. Often times, the humour was black. The healing powers of humour and humour ability to soften difficult situations are welldescribed. However, in recent years, humour has evaporated and been replaced with political correctness. So it was refreshing when a technician found a written message to the operating team from the patient on the operating table. The message, in the form of a poem, was carefully folded in the patient's underpants:



"Nota bene dick doc"

Can you spare a nerve?

Hey dear doc. I love my cock and have a girlfriend young and hot. Now I may not be the world's best bard but my girlfriend likes it when I'm hard. So I won't ask if you can spare a dime, perhaps another place and another time. But my sex life Is on an upward curve. So hey there buddy

What did this humour, initiated by the patient, do? It made us laugh, it broke the tension and it focused us on the job at hand - to do the very best to achieve not only "our" goals, but "his" goal. The team, nurses, anesthetists, technicians, surgeons, were "one" that day. Several staff members responded to the poem and the patient's positive attitude had him bouncing out of hospital on day two.....yes even for an old-fashioned "open" procedure. The whole ward knew of his exploits, as did most of the operating suite. I saw him the other day, eight months post-surgery. His final pathology was favourable and his PSA undetectable; he was continent and back riding his motorcycle - his wishes, expressed in the poem, granted! Rather than just being (all too often) "that radical from the other week," he became "that funny guy Mr. X who wrote the poem before to his surgery; how's he doing?" He was thrilled with the responses to his poem from the surgeons and anaesthetists, and has now collated a book along with poems from other family members. We must never forget the human element in our practice. Humour may not always be divisive, but a cohesive force to achieve a better environment, and perhaps better outcomes in some situations.

Can Urol Assoc J 2012;6(3):E110. http://dx.doi.org/10.5489/cuaj.12053

LEGAL EYE



HOW TO DOCUMENT INFORMED CONSENT

Patients may not accurately remember all the facts disclosed in a discussion. Thus, a physician must document the content of informed consent sessions:

- 1. The informed consent discussion and its documentation should be done by the physician who will be performing the procedure.
- 2. Delegating the responsibility to obtain consent to someone else does not absolve the physician of liability if that consent session is incomplete or ineffective.
- 3. The physician should date and time the written summary of what was said and to whom, making note of relatives, friends, or support staff such as nurses or interpreters who are present.
- 4. All elements of the discussion should be reduced to writing: diagnosis, proposed treatment with its risks and benefits, and alternative treatments with their risks and benefits.
- 5. It is not sufficient to state that "the risks and benefits were discussed" without further description of the specifics.
- 6. The physician should document that the patient understood the concepts as discussed, and agreed to proceed.

- 7. In addition, the physician should document that the patient was provided with appropriate literature, the patient had the opportunity to ask questions, and that those questions were answered.
- 8. The standard consent document means little, particularly in its generic form. The real work of obtaining informed consent is documented in office or hospital notes.
- 9. Documentation is particularly important when patients refuse intervention. The physician must note in the record the specific risks associated with delay or refusal which were disclosed.
- 10. When informed consent cannot be obtained due to an emergency situation or diminished capacity due to intoxication, trauma, or disease, physicians must document in the written record what facts were considered in determining the patient's ability to process information and make reasonable decisions.

EXCEPTIONS TO INFORMED CONSENT

- 1. Emergency situations, where a delay in treatment in order to obtain consent would result in harm to the patient
- 2. When the patient waives the consent process
- 3. If the doctor believes that the patient's emotional and physical condition could be adversely affected by full disclosure of the treatment risks, then disclosure may be legally withheld (therapeutic privilege). However, the doctor make sure to document the waiver.